

RITUAL

TREATMENT BROCHURE

YOURBEAUTYRITUAL.CO.UK

WELCOME TO RITUAL



SKINCARE



BODY



NAILS



EYES

Find space for you.

We believe in the importance of self-care and the value of peace and tranquillity. Take the time for nurture and nourishment knowing that our friendly, expert therapists are here to listen to your specific needs and enhance your natural beauty.

Experience exceptional treatments using the highest quality products in a beautiful setting, designed to leave you feeling completely relaxed and rejuvenated.

Follow us on Facebook & Instagram, and join our mailing list for up to date salon news, Ritual beauty tips and monthly special offers. Gift vouchers, late evening appointments and online booking available.



Beauty Salon of the Year
2014 / 2015 / 2017 / 2019

 @ritual_spas_hampshire

 @RitualHampshireSpa

ESPA FACIALS



Age Defyer Facial + Lift & Firm Eye Treatment 1hr	£75
Skin Radiance Facial 50mins	£60
Re-Hydrator Facial 50mins	£60
De-Sensitiser Facial 50mins	£60
ESPA Express Facial 35mins	£35

GUINOT FACIALS



Hydradermie2 Lift Deluxe

The Ultimate Lifting Treatment. A combination of the Hydradermie Age Logic and the Hydradermie Lift to leave your skin looking fresh and radiant. Experience immediate rehydration and rejuvenation through the stimulation of muscles, lifting the face, adding firmness, and leaving a more youthful appearance to the face and neck.

1hr 30mins **£100**

Hydradermie2 Age Logic

The Anti-Aging Star Treatment. Immediately visible results from your very first treatment. Adapted to your skin type and concerns, this unique facial enables deep penetration of products using double ionisation technology combined with active ingredients and deep cleansing. Clinically proven to improve wrinkle depth by up to 50%, this anti-aging facial focuses on the eyes, face and neck to target the signs of aging.

1hr 10mins **£75**

Hydradermie2 Lift

The Instant Lifting Treatment. Hydradermie Lift brings revolutionary youthfulness and renewed tone by stimulating the muscles and providing a massage that lifts the facial features. In the same way that muscles are sculpted at the gym, this treatment provides an immediate lifted effect to the face.

50mins **£60**

Hydradermie Lift

Express 25mins **£35**

Eye Lift

The Ultimate Eye Lifting Treatment. This unique treatment reduces signs of ageing and fatigue in the eye contour area. The combination of exclusive eye massage techniques and muscle stimulation using micro currents works to visibly lift, tone, aid drainage and boost microcirculation. An intensive eye mask infused with active ingredients leave the eyes looking more radiant and youthful.

50mins **£50**



GUINOT FACIALS



Age Summum Facial

The Ultimate Anti-Aging Treatment. Uses pure Vitamin C, Hyaluronic Acid and Pro-Collagen to target the signs of aging. Active ingredients penetrate the skin using an exclusive facial massage. Fine lines and wrinkles are smoothed and the skin's youthful radiance is restored.

50mins **£65**

Hydra Peeling Facial

The Radiance Peeling Treatment. A skin rejuvenating treatment with two peeling options that are adjusted and prescribed based on your beauty goals and level of skin sensitivity. This skin renewal treatment enables even those with sensitive skin to enjoy the benefits of an enhances cellular regeneration peel. Hydra Peeling is a unique alternative to aesthetic medicine that erases visible signs of aging, brightens skin tone and diminishes pigmentation.

50mins **£60**

Detoxygene Facial

The Anti-Pollution Treatment. Ideal for city living or suffocated skin that harnesses the power of nature to detoxify and oxygenate. Pro-Oxygen stimulates cellular respiration followed by the Pro-Oxygen Mask made of natural green clay absorbing toxins on the skin's surface. This anti-pollution treatment is ideal for those with dull or lifeless skin and incorporates a Serenity Massage to promote lymphatic drainage leaving skin fresh and perfectly clear.

50mins **£60**

Steam Facial

Deep cleansing facial including facial steaming, blackhead extraction and millia removal to leave your skin feeling clean and refreshed. Perfect for teenage or problematic skin, a great addition to a men's skincare routine and also available as a back treatment.

40mins **£45**

BODY TREATMENTS



Aromatic Body Softening

The Relaxation Treatment. This complete body exfoliation is followed by a relaxing massage with energising essential oils, designed to thoroughly soften and relax the entire body.

1hr **£65**

ESPA Salt & Oil Scrub

Exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Includes use of our shower room fully stocked with ESPA products.

30mins **£45**

Aromatic Body Polish

The Exfoliating Treatment. Firm and silky-smooth skin with this complete body exfoliation which helps to eliminate dry flakes, refining the skin's texture. Followed by a body moisturiser leaving the skin soothed and refreshed.

30mins **£45**

ESPA Invigorating Foot Treatment

This revitalising treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains. Includes a refreshing exfoliation and a deeply therapeutic foot and lower leg massage.

30mins **£35**



ESPA MASSAGE



ESPA aromatherapy massage includes a personal consultation and sensory test ensuring you receive a unique treatment dedicated to working on your main areas of tension.

Choose from Detoxifying, Energising, Fitness, Positivity, Resistance, Restful, Restorative and Soothing ESPA oils. You will also benefit from an inhalation bowl at the start of your treatment to aid deep breathing and relaxation.

Mindful Massage 1hr 15mins	£85	Back Tension Massage 45mins	£45
Ritual Full Body Massage 1 hr 15mins	£70	Back, Shoulders & Scalp 45mins	£45
Full Body Massage 1hr	£60	Back, Neck & Shoulder 30mins	£35
Indian Head Massage 40mins	£45	Leg & Foot Massage 30mins	£35

LAVA SHELL MASSAGE



Using self-heating polished lava shells that are guided smoothly over the body for a deeply relaxing and soothing massage. The heat from the shells allow for deeper muscle therapy to ease away tension and knots.

Lava Shell Full Body 1hr 15mins	£70
Lava Shell Back 45mins	£45



SPRAY TAN



Using the award winning Fake Bake tanning system with a tan to suit every skin type, skin tone and lifestyle. Free from artificial preservatives and parabens, Fake Bake contains a naturally-derived, unique tanning formula for longer lasting, natural looking results.

Full Body Tan 30mins	£30
Upper Body or Leg Tan 25mins	£25

STEAM ROOM



Enjoy our relaxing steam room fragranced with ESPA essential oils before any facial or body treatment for the ultimate in luxury pampering. The steam helps to relax stiff joints and muscles, increases blood flow, reduces stress and also helps to improve the skin's complexion. Steam is

particularly helpful for acne prone skin as it balances oil production. Our steam room includes a shower stocked with luxury ESPA products so you can leave feeling relaxed and revitalised.

Use of Facilities 30mins	£30
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Note: Steam room is only available in our Alresford spa

EYE TREATMENTS



Microblading*	£300	Hopi Ear Candles	£30
Eyelash Extensions*	£70	Ear Piercing	£25
Lash Lift*	£45		
Eyelash Perm*	£35		
Eyelash Tint*	£17		
Eyebrow Shape	£12		
Eyebrow Tint*	£9		

* Patch test required 24 hours before treatment



MANICURE



ESPA Manicure

The ultimate luxury treatment to nourish and hydrate hands and cuticles, using products from our premium ESPA brand. Hands are exfoliated, thermal mittens are applied before being moisturised and massaged. Cuticles are conditioned and tidied, nails are shaped and polished with CND Vinylux long wear polish.

1hr **£45**

Upgrade to Shellac or Gel for £10

Manicure

Hands are exfoliated, moisturised and massaged with CND Spa products. Cuticles are conditioned and tidied, nails are shaped and polished with CND Vinylux long wear polish.

45mins **£35**

Upgrade to Shellac or Gel for £10

Mini Manicure

Cuticles are conditioned and tidied, nails are shaped and polished with CND Vinylux long wear polish.

30mins **£25**

Shellac or Gel

Chip free, extended wear nail colour with zero drying time. Thin and flexible for a natural look as well as providing strong nail protection.

45mins **£33**

Soak Off **£10**

Soak Off and Mini Manicure **£30**



PEDICURE



ESPA Pedicure

The premium treatment for perfectly pedicured feet. Using products from our ESPA brand, feet are soaked, hard skin removed, exfoliated and thermal booties are applied before being moisturised and massaged. Cuticles are conditioned and tidied, nails are shaped and polished with CND Vinylux long wear polish.

1hr 15mins **£50**

Upgrade to Shellac or Gel for £10

Pedicure

Hard skin is removed, feet are soaked, exfoliated, moisturised and massaged with CND Spa products. Cuticles are conditioned and tidied, nails are shaped and polished with CND Vinylux long wear polish.

50mins **£40**

Upgrade to Shellac or Gel for £10

Mini Pedicure

Cuticles are conditioned and tidied, nails are shaped and polished with CND Vinylux long wear polish.

30mins **£25**



Callus Peel Hard Skin Removal

A quick, pain free treatment to remove hard skin and calluses on the feet. The treatment also includes a hydrating and nourishing massage leaving your feet feeling perfectly smooth and soft.

30mins **£35**

HAIR REMOVAL



Electrolysis

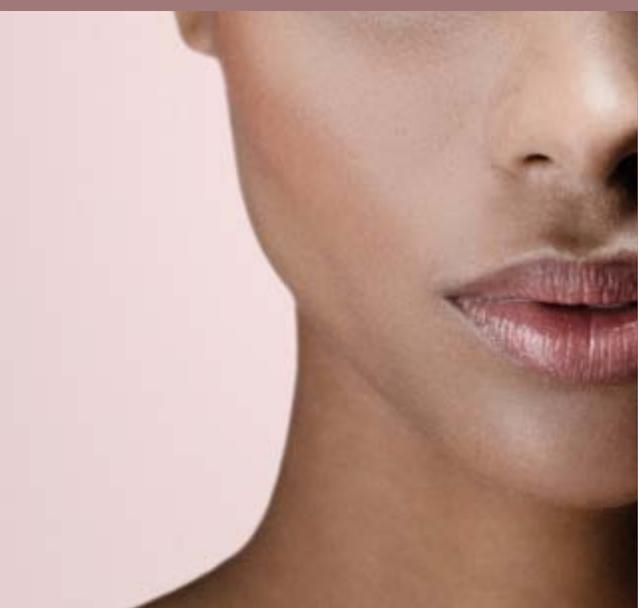
A proven technique of permanent hair removal and reduction, particularly for small or sensitive areas such as top lip or chin.

10mins	£15
15mins	£18
20mins	£23
30mins	£28

Waxing

Smooth, sleek and silky. Waxing isn't just about hair removal, it's a skin care treatment as well. Our fast and effective waxing services will leave your skin hair-free and fabulously smooth. Hot wax available.

½ Leg	£20
¾ Leg	£25
Full Leg	£30
Bikini	£12
Extended Bikini	£16
Brazilian	£30
Hollywood	£33
Underarm	£12
Forearm	£16
½ Leg & Bikini	£30
½ Leg, Bikini & Underarm	£40
Full Leg & Bikini	£40
Full Leg, Bikini & Underarm	£50
Full Leg & Hollywood	£55



RITUAL AESTHETICS



Microblading Eyebrows

Microblading is a tattooing technique used to create, enhance or reshape the appearance of the eyebrows. Each hair stroke is individually created by hand to ensure a thin, natural looking line that blends in with existing eyebrow hair. You will have a full consultation to agree the exact shape and look of your brow before your appointment, and a follow up appointment 4-6 weeks afterwards for any touch ups required.

Microblading £300

(including consultation & patch test, 2hr microblading appointment and 1hr follow up appointment)

Advanced Cosmetic Procedures

This treatment uses short wave diathermy to remove small skin blemishes or lesions from the face or body, quickly and efficiently. It can be used to treat:

- | | |
|------------------------|-----------------|
| Skin Tags | Millia |
| Red Veins | Spider Naevi |
| Warts | Sebaceous Cysts |
| Blood Spots | |
| Age Spots | |
| Seborrheic Keratosis | |
| Seborrheic Hyperplasia | |

Prices start from £50



Microneedling Skincare Procedure

Using the Genosys system, Microneedling creates tiny channels into the skin allowing up to 80% more product absorption. In addition, a natural collagen induction response is stimulated resulting in skin rejuvenation and younger looking skin. Over a period of time new collagen is produced and old misaligned collagen is broken down, which strengthens the elasticity and firmness of the skin, improving skin texture and maintaining a youthful appearance. The benefits of microneedling are:

Skin Rejuvenation / Anti-Aging £120

- Improves scarring including acne scarring
- Brightens the skin
- Firms and lifts the skin
- Treats enlarged pores
- Improves stretch marks

SPA RITUALS



Bridal Package

Spray Tan, Lash Lift, Eyebrow Tint & Shape, Shellac or Gel application on fingers and toes

3hrs **£160**

ESPA Back, Face & Scalp Ritual

Renowned as our “Hero” treatment, this ESPA treat includes a Ritual Steam Experience, back exfoliation, back massage, personalised facial and scalp massage.

2hrs **£120**

Only available in our Alresford spa

Aromatic Spa Ritual

A complete body exfoliation and an energising massage, followed by an aromatherapy facial which balances the skin, softens fine lines and restores radiance. Relax and unwind with a tension reducing massage and essential oils chosen to suit your skin.

2hrs **£120**

Sleep Ritual

The answer to a blissful night’s sleep. Quieten your mind and relax your senses with this tailor-made sleep experience, combining therapeutic full body lava shell massage and a ESPA soothing facial. Skin feels quenched, the mind is calm, and a sense of wellbeing and peace prevails.

2hr **£120**

Indulgence Ritual

A top to toe pampering treat including an invigorating back massage, a rehydrating facial and your choice of either a manicure or pedicure.

2hr **£110**

ESPA Pre & Post Natal Ritual

A soothing and deeply nurturing treatment including a gentle yet effective exfoliation to the back, followed by a comforting body massage to safely target areas prone to stress and tensions during or after pregnancy and alleviate muscular aches and pains, leaving you feeling relaxed and revitalised.

1hr 30mins **£100**

Holiday Ritual

Mini Pedicure, Shellac or Gel application on fingers, Eyebrow Shape, Eyelash Tint and standard Bikini wax

1hr **£90**

Upgrade to a Brazilian or Hollywood wax for £15



Gift Vouchers

Gift Vouchers are available for all treatments or a stated amount. Vouchers are valid for 12 months and can be posted or emailed if required. The perfect gift, and available to buy in salon or online.

Late Arrival

Late arrival may limit treatment time, you will be charged the full price.

Opening Hours

Tuesday	10am – 8pm
Wednesday	10am – 8pm
Thursday	10am – 8pm
Friday	10am – 6pm
Saturday	9am – 4pm

Online booking available

Cancellations

Guest who wish to change or cancel an appointment are kindly requested to provide 24 hours notice, or may be charged 50% of the full treatment price

Contact

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